

## Elmbrook Discussion Questions

### *Who Are You Becoming? Matthew 5:3 Humility*

#### **Introduction**

1. What do you most look forward to, as we go through this series on the Beatitudes?
2. In your personal life, is there an outcome, or change, that you would like to see?

#### **Head: *What is the passage saying?***

1. Read Matthew 5:3, describe what it means to be “poor in spirit.”
2. Read Luke 18:9-14. How does this passage help us understand “poor in spirit”?
3. Read Philippians 2:1-8. What are the effects of Jesus’ display of perfect humility in these verses?
4. If “poor in spirit” is the attitude of the kingdom of heaven, how would that be different than in our current culture?
5. How could Christians better display “poor in spirit” in their families, churches, and communities?

#### **Heart: *How does this passage influence my inner being?***

1. Is there an area in your life that you need to grow in being “poor in spirit”?
2. Would someone who sees you on many days (family, work, school, etc) recognize the attitude that is “poor in spirit”?
3. Is there a practical step that God may be asking you to take?

#### **Hands: *How do I practically live this out?***

*Here are some suggestions, or identify your own practical next step.*

1. **Display:** Think about upcoming opportunities this week that would be difficult to be “poor in spirit”. Ask God to build this character in you, and intentionally act on living out “poor in spirit.”
2. **Serve:** Live out “poor in spirit” through meeting a practical need(s) for someone else this week.
3. **Journal:** Write a prayer to God this week about your attitude of “poor in spirit”. Perhaps it is a confession, a request for help, or a pray to change your heart.
4. **Talk it Out:** Go deeper into relationships, and take a next step to be less private about your faith. Find someone this week to share about who God is calling you to become.

#### **Digging Deeper Study:**

1. **Watch:** Learn about the book of Matthew: [Matthew Part1](#) (The Bible Project) on [Rightnow Media](#).
2. **Bible Study:** Take up a study guide on [The Beatitudes](#), or read a helpful [commentary on the Sermon on the Mount](#) (The Bible Speaks Today series).
3. **Read a book:** [The Blessing of Humility](#) by Jerry Bridges (it also covers the rest of the beatitudes with discussion guide). [Humble Roots: How Humility Grounds and Nourishes Your Soul](#), by Hannah Anderson.