**Elmbrook Discussion Questions**

***Who Are You Becoming?* Matthew 5:5 Meek**

**Introduction**

1. Would you want to be called “meek”? Why or why not?

**Head: *What is the passage saying?***

1. Read Matthew 5:5. Describe what it means to be “meek”, as Jesus is speaking about it in the Sermon on the Mount.
2. How does someone who is “meek” live confidently? What is their confidence rooted in?
3. What does Jesus mean when he says, “for they will inherit the earth”?
4. Read Matthew 25:31-34. How does the description of a sheep help us understand meekness?
5. Read Matthew 25:35-40. How do these actions reveal the character of someone who is meek? How does this person relate to God and how do they relate to others?

**Heart: *How does this passage influence my inner being?***

1. How has God dealt with you in his perfect display of meekness?
2. Where in your life do you display meekness? Are there areas in your life that lack meekness?
3. What motivates your display of meekness?

**Hands: *How do I practically live this out?***

*Here are some suggestions, or identify your own practical next step.*

1. **Study:** Set your mind on God’s Word and read Psalm 37. Write down what you learn about God, and then how it applies to verse 11, “*But the meek will inherit the land and enjoy peace and prosperity.*”
2. **Pray:** Set aside time this week to ask God to search your heart about relationships and situations in your life that you may not be displaying meekness. Thank Jesus for his display of meekness and dealings with you.
3. **Create:** Get your artistic side on and create an artwork displaying meekness. This may be a way for you to let God’s Word sink further into your heart.
4. **Talk it Out:** Go deeper into relationships, and take a next step to share with someone else what God has been teaching you.

**Digging Deeper Study**:

1. **Watch:** Learn about the book of Matthew: [Matthew Part1](https://www.rightnowmedia.org/Content/Series/181310?episode=41) (The Bible Project) on [Rightnow Media](http://www.elmbrook.org/media/rightnow-media//?nav=p-703820&clickpath=&wildcard=/).
2. **Bible Study:** Take up a study guide on [The Beatitudes](https://www.ivpress.com/the-beatitudes-jsbs), or read a helpful [commentary on the Sermon on the Mount](https://www.ivpress.com/Search?q=sermon+on+the+mount) (The Bible Speaks Today series).
3. **Read a book:** [Momentum](https://www.moodypublishers.com/momentum-8ec17540/): *Pursuing God’s Blessings Through the Beatitudes* by Colin Smith, [The Blessing of Humility](https://www.navpress.com//p/the-blessing-of-humility/9781631466236) by Jerry Bridges.