



THRIVE

DATE: March 29, 2020

Psalm 91

Introduction Share a time that you experienced a rescue.

On a greater level, invite a few people to share about their experience of the following rescue: *"For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins."* (Colossians 1:13-14)

Head: What is the passage saying?

1. Place yourself for a moment in the context of the Old Testament people of Israel, who had many experiences of being displaced. Whether as a people group, or as individuals, how might they resonate with verses 1-6?
2. Look through the Psalm for the following observations: What actions are David's initiative? What actions are God's initiative? What is David's response?

In the midst of a pandemic and other suffering, how does this passage help us to live by faith, fully trusting in God, and confident in His care?

Hands: How do I practically live this out?

1. Perhaps there are hardships in your group. How can you express and display God's loving care toward one another this week?

Jesus quotes Ps. 91:11 in the midst of his temptation in the wilderness (Matt 4:6). It is a great benefit to ourselves to commit Scripture to memory. Consider taking some time this week to pick out a few meaningful verses of Psalm 91 and memorize them. Be ready to come back next week and recite.

Heart: How does this passage influence my inner being?

1. Is your own inner being at peace with God's protection? Take some intentional time this week (or maybe all week) and pray Psalm 91.

What most impacts you by this Psalm? Take a moment to share that with your group.



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