


CONFERENCE SCHEDULE

7:30am

Early Workshops

- What in the World is God Doing?, Lee & Terry Heyward | Chapel
-  You Are an Answer, Kim Krueger | Amphitheater
- It's About Time: 50 Plus Ministry, Mary Widicus | Fellowship Hall
- Deeper Conversations, Elmbrook Care Team | D166-167
- Sacred Windows, Roselyn Staples | B223

8am

Worship Center Doors Open



8:30am

Opening Session

- * Megan Fate Marshman | Worship Center

10am

Morning Workshops

- Rediscovering the Gospel, Elizabeth Murphy | Worship Center
- * What in the World is God Doing? Lee & Terry Heyward | Chapel
-  Social Media: The Impact of Identity and Body, Jenny & Hannah Heckman | Amphitheater
- It's About Time: 50 Plus Ministry, Mary Widicus | Fellowship Hall
- Navigating Finances in Every Season of Life, Melissa Hofmeister | D168
- Holy Sexuality, Kelly Andalaro | D166-167
- Sacred Windows, Roselyn Staples | B124-127
- No Condemnation, Shanthini Baskaran | B223
- Love Your Grandkids to Christ, Cheryl Milnes | B227
-  Unstuck Your Brain: Freedom From Thought Sabotage, Diana Swillinger | B228
- Radical Hospitality, Laura Leigh | B229
- Ready to Serve in the Name of Jesus, Shannon Olson | B231-232
- Who Am I? Andrea Hopgood | B321-324
-  The Unexpected: What I've Learned About Being a (Good) Neighbor, Ashley Thomas | B325-328
- Parenting Panel, Brea DiMiceli | B329-330
- The First Five: Strengthening Your Marriage with a Firm Foundation, Krista & Greg Heinen | B331-332
- The Power of a Name, Sylvia Jeronimo | B334-336

* Spanish translation will be available at these sessions

 Great for students



11am

Mid-Day Session

- * Amena Brown | Worship Center







12:15pm

Lunch + Workshops

- Worship, Tammy Thurman | Chapel
-  Fearfully & Wonderfully Made: The Enneagram and You, Liz Carver | Amphitheater
- Up Close & Personal Lunch with Speakers, Just Between Us | Fellowship Hall
- Parenting Panel, Brea DiMiceli | B124-127
-  Social Media: The Impact of Identity and Body, Jenny & Hannah Heckman | B329-330

1:15pm

Afternoon Workshops

-  Now We Don't See, Lisa Sinclair | Worship Center
- * Finding Life After Loss, Mel Lawrenz | Chapel
-  You Are an Answer, Kim Krueger | Amphitheater
-  Keeping It Real: Q&A with Amena Brown | Fellowship Hall
- Navigating Finances in Every Season of Life, Melissa Hofmeister | D168
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- No Condemnation, Shanthini Baskaran | B334-336

2:15pm

Closing Session

- * Megan Fate Marshman | Worship Center

4pm

End of Day

5pm

Join us for Elmbrook's Saturday service with speaker Elizabeth Murphy in the Worship Center!

EARLY WORKSHOPS

7:30am
✓ PICK ONE

NOTES

☐ WHAT IN THE WORLD IS GOD DOING?

Lee & Terry Heyward | Chapel

Traveling the globe, hearing from believers as we go has given us a first-hand glimpse of God's rescuing work in far off places. Hear stories of travels that include refugee women in Greece, freed slaves in West Africa, Chinese believers in seminary within China, and Pakistani students who love Jesus. Lee & Terry have spent the greater part of the last 12 years teaching and training in remote places across His world. They'd love the chance to share a bit of what they've been learning.

☐ YOU ARE AN ANSWER

Kim Krueger | Amphitheater

God's call to women is to embrace His original design for them: to be an answer to the problems the world faces today. We were created to be life-givers, nurturers, collaborators. In this talk, Kimberly will encourage you to see your femininity as divinely designed for such a time as this. She will challenge you to say YES to becoming whole and healed in Christ so you can step into your God-given identity in Christ and make an extraordinary impact on the world around you.

☐ IT'S ABOUT TIME: 50 PLUS MINISTRY

Mary Widicus | Fellowship Hall

Time. We never seem to have enough of it. So many things demand our attention that we're not sure we accomplish anything. How can you be more thoughtful about your time, and confident in your outcomes? How could you benefit from the advice between generations? Learn some key concepts for managing time, putting choices in perspective, and learning from your "sisters" of different ages. Plus, get a sneak peek at the 50 Plus class that provides valuable resources for thriving in an ever-changing stage of life.

☐ DEEPER CONVERSATIONS

Elmbrook Care Team | D166-167

If you or a loved one are currently struggling with some deeper hurts, hang-ups, or habits and need deeper conversations, visit the Elmbrook's care team. This is a safe space for sharing, hearing, and accessing resources available for you.

☐ SACRED WINDOWS

Roselyn Staples | B223

Let's turn over some of the stones that are needed to build safe and lasting friendships. A friend can make an ordinary day fun. Friendship, at its deepest level, is a window through which we encounter a unique image of God.

He is faithful.

MORNING WORKSHOPS

10am
✓ PICK ONE

□ REDISCOVERING THE GOSPEL

Elizabeth Murphy | Worship Center

The gospel of God requires a deeper look. What does the word gospel mean to you? Is it the ticket to heaven or way of life? Transaction or transformation? Let's rediscover what God says.

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□ SOCIAL MEDIA: THE IMPACT ON IDENTITY AND BODY, Jenny & Hannah

Heckman | Amphitheater

Social media has an impact on identity and body image. In this workshop, you will have the opportunity to hear the perspective of a therapist and a young adult on this topic.

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Mary Widicus | Fellowship Hall

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□ NAVIGATING FINANCES IN EVERY SEASON OF LIFE, Melissa Hofmeister | D168

Money is part of every season of life! Are you tackling student debt in your 20s? Balancing family and career in your 30s/40s? Caring for aging parents and planning a retirement in your 50s/60s? Or living on a fixed income 60+? Throw in the chaos of a new marriage, divorce, medical issues, loss of a spouse... Yikes! Laugh together as we learn how to confidently navigate life's crazy transitions financially with God as our guide.

□ HOLY SEXUALITY, Kelly Andaloro | D166-167

For too long, the world has been the loudest voice on sexuality, yet it's God's design, not man's. God is calling his people to be set apart and speak the truth in love in all areas of our lives, especially our sexuality. Be part of shifting the culture as we explore God's design for sexuality, addressing our brokenness and His redemption that releases us from all our shame. Married or single, God has created you and wants you to use your sexuality to honor him.

□ SACRED WINDOWS

Roselyn Staples | B124-127 Quad

Let's turn over some of the stones that are needed to build safe and lasting friendships. A friend can make an ordinary day fun. Friendship, at its deepest level, is a window through which we encounter a unique image of God.

□ NO CONDEMNATION

Shanthini Baskaran | B223

Shame underlies our anxieties and our fears. It affects our relationships with others and the way we think and act. It separates us from God and keeps us from being all that He intended us to be. How do we deal with shame? What does God have to say about it? How do we move to a place of no condemnation? This seminar is a step towards answering these questions.

□ LOVE YOUR GRANDKIDS TO CHRIST

Cheryl Milnes | B227

How do we influence this next generation? How do we talk to our grandchildren who are raised in interfaith or secular families? How do we build relationships with our grandchildren at a distance? In this seminar, we will discuss ways to love and influence our grandchildren to a life long faith. We will discuss ways to share our faith with our grandchildren and their families. We will explore Scripture, books, and life experiences on ways to further the faith of those we love the most.

□ UNSTUCK YOUR BRAIN: FREEDOM FROM THOUGHT SABOTAGE

Diana Swillinger | B228

Our minds are powerful. The thoughts we choose can lift us or tear us down. Scripture encourages us to be transformed by the renewing of our mind, yet too often, our brains get stuck on thoughts that aren't true or sabotage our hopes for freedom in Christ. Learn how to examine your thoughts, understand how they influence your feelings, and redirect them, so they stop sabotaging your relationships, life, and faith. Unstuck your brain and learn how to find more peace, joy, and contentment in life.

□ RADICAL HOSPITALITY

Laura Leigh | B229

In our culture, strangers are to be feared, and we are instructed to uphold "family first." But the hospitality depicted in the Bible and the Early Church was radically different - perhaps even dangerous. This workshop will explore how we can return to biblical hospitality by first recognizing and rebelling against our cultural barriers. We will see that when we practice living with open hearts and homes to strangers, we can transform not only our own families but also the communities in which we live.

□ READY TO SERVE IN THE NAME OF JESUS?, Shannon Olson | B231-232

The number of US non-profit organizations has increased tremendously since 2005, and hence the number of volunteer opportunities. This is great news for those being called to serve God in word and deed. Yet with more opportunity, comes a greater responsibility to discern those serving opportunities that embrace Jesus' model of serving others humbly and with dignity. Whether you're just starting out or are a seasoned volunteer, this workshop will cover guiding principles that will enable you to serve more like Jesus.

□ WHO AM I? Andrea Hopgood | B321-324

Traveling through life, we may stumble over regrets, give too much thought to negative words spoken to us, doubt our beliefs, and question if we're indeed called to make a difference in the world. As we strive to become who God has called us to be, we can forget who we are. Through the use of story and interactive elements, we will take a closer look at the biblical character, Tabitha, to glean insights from her life and death.

□ THE UNEXPECTED: WHAT I'VE LEARNED ABOUT BEING A (GOOD) NEIGHBOR

Ashley Thomas | B325-328

Jesus says to love our neighbor. But what happens when that looks a lot different than we expected? The key is not to remain isolated. Being in a community, or being "neighborly" keeps us in our rightful place. It's a space where we are reminded of what is true. Truth points us to the fact that our story is not the main plotline, but a small part of His story. Hear stories of transformation as we explore the unexpected moments that invite us to be (good) neighbors to others.

□ PARENTING PANEL

Brea DiMiceli | B329-330

Calling all moms, even those hoping to become a mom! Hear stories from moms in multiple contexts. Mom of boys or girls, three-nagers or teenagers, mixed-raced, special needs, adopted, or blended families - there will be a mom to relate! Ask questions, get answers, and see what God has in store for you to learn as you move forward in mom-hood. Remember, you are not alone. It is a season, and you can love well, even in the unknowns that come with becoming a mom.

□ THE FIRST FIVE: STRENGTHENING YOUR MARRIAGE WITH A FIRM FOUNDATION

Greg & Krista Heinen | B331-332

Just as a house starts with a foundation, your marriage must start with something strong to build upon. Join Greg and Krista as they share insights, principles, and tools to help establish that foundation for your marriage. Areas of focus will include centering your marriage on Jesus, navigating families of origin, and enhancing communication. This workshop is designed for those married in the last five years, currently engaged, or single and thinking of pursuing marriage.

□ THE POWER OF A NAME

Sylvia Jeronimo | B334-336

If you had to give yourself a name today, what would it be? Would you choose the name that was selected for you? Or has life shaped you in such a way that you would prefer another? In biblical times, a name carried profound significance, especially if God gave it. It spoke of a person's family and heritage, but more than that, names told of a person's character and purpose. It is no different today. Your name is your destiny. What is God's name for you?

LUNCH WORKSHOPS

12:15pm

✓ PICK ONE

☐ **WORSHIP**, Tammy Thurman | Chapel

The topic of worship is often misunderstood or misrepresented. Both corporate and private worship can sometimes be challenging to embrace fully. Because of this disconnect, we may go through the motions, yet never genuinely engage. What is the purpose of worship? Does it only consist of music, praying, and reading His Word? Come for an interactive workshop about worship! Let's shed the expectations, get out of our comfort zones, and begin to experience the power and joy of Jesus in our lives because of our worship!

☐ **FEARFULLY & WONDERFULLY MADE: THE ENNEAGRAM AND YOU**, Liz Carver

Amphitheater

Hear from Liz Carver, co-creator of popular Enneagram site @justmyenneatype on the nine personality types of the Enneagram, and how we can use this tool for personal and relational growth.

☐ **JUST BETWEEN US: Up Close & Personal Lunch with Speakers** | Fellowship Hall

Just Between Us magazine has had conversations with women of faith around the world for the last 30 years. The magazine is full of inspiring biblically-based content to refresh your soul and to introduce women who are also walking in faith! JBU is gathering women around the table for conversation so you can meet the speakers. Many speakers at Inspire 2020 have been featured in Just Between Us. They will be available for a Q&A over lunch. Come and join us to glean more wisdom from these amazing women.

☐ **PARENTING PANEL**, Brea DiMiceli | B124-127

Calling all moms, even those hoping to become a mom! Hear stories from moms in multiple contexts. Mom of boys or girls, three-nagers or teenagers, mixed-raced, special needs, adopted, or blended families - there will be a mom to relate! Ask questions, get answers, and see what God has in store for you to learn as you move forward in mom-hood. Remember, you are not alone. It is a season, and you can love well, even in the unknowns that come with becoming a mom.

☐ **SOCIAL MEDIA: THE IMPACT ON IDENTITY AND BODY**, Jenny & Hannah Heckman | B329-330

Social media has an impact on identity and body image. In this workshop, you will have the opportunity to hear the perspective of a therapist and a young adult on this topic.

Important Lunch Information

WHAT?

There will be three options for lunch: Jason's deli turkey or ham sandwich or a garden salad. Our salad option is gluten-free (Yes, even the dressing!) Choose one main dish and your sides a-la-carte: chips, pickle, and cookie.

HOW?

After the mid-day session, the ushers will dismiss you by each section to get your lunch. Please be patient. Three lines will form in each lobby. Please take one and continue quickly through the line! All bagged entrees are the same.

WHERE?

Head to the Gym or common lobby spaces for a quiet retreat in the middle of the day. Please keep the floors and walkways clear. Otherwise, check out one of our fantastic workshops during the lunch hour:

- Fellowship Hall, Just Between Us: Lunch with Speakers
 - Elizabeth Murphy
 - Roselyn Staples
 - Ashley Thomas
 - Krista Heinen
 - Lisa Sinclair
 - Melissa Hofmeister
- Chapel, Worship
 - Tammy Thurman
- Amphitheater, Fearfully & Wonderfully Made: The Enneagram and You
 - Liz Carver
- B329-330, Social Media and Comparison
 - Jenny & Hannah Heckman
- B100 Quad, Parenting Panel
 - Brea DiMiceli (Host)
 - Tracie Broadrick
 - Jill Ng
 - Calli Olson
 - Natasha Siebert

NOTES

AFTERNOON WORKSHOPS

1:15pm

✓ PICK ONE

□ NOW WE DON'T SEE: THE REALITIES OF THE RISE OF MENTAL HEALTH ISSUES TODAY, Lisa Sinclair | Worship Center

The prevalence of mental illness is on the rise. Is it cultural, statistical, or spiritual shifts causing this epidemic? Mental illness darkens and narrows our experience of God. Together we can dispel myths and remove stigma by prayerfully looking at Scripture and research together.

□ FINDING LIFE AFTER LOSS Mel Lawrenz | Chapel

You or someone you care about may have experienced an unexpected loss. You are left stunned, sad, and fearful. You keep wondering, "what if...?" These are common experiences after a painful loss. In this seminar, Mel Lawrenz describes how he and his family struggled to survive the sudden death of their beloved daughter. Sometimes grieving is a matter of surviving. We get through by holding onto faith, hope, and love. Loss forces us to look at our lives with new eyes and to make choices about what is important and how we will live.

□ YOU ARE AN ANSWER Kim Krueger | Amphitheater

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□ KEEPING IT REAL: Q&A with Amena Brown Fellowship Hall

Join Amena for a time of authentic conversation. Ask questions and hear answers through Amena's gift of powerful poetry, storytelling, and comedy. She will make you feel as though you are hanging out in her living room, just catching up on life's awkward moments, good moments, as well as the tough ones. It's a conversation you won't want to miss!

□ NAVIGATING FINANCES IN EVERY SEASON OF LIFE, Melissa Hofmeister | D168

Money is part of every season of life! Are you tackling student debt in your 20s? Balancing family and career in your 30s/40s? Caring for aging parents and planning a retirement in your 50s/60s? Or living on a fixed income 60+? Throw in the chaos of a new marriage, divorce, medical issues, loss of a spouse... Yikes! Laugh together as we learn how to confidently navigate life's crazy transitions financially with God as our guide.

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